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| **Descent of the Stiperstones 300km PERM** | | |
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| Organiser: Brandon Edgeley | | |
| Emergency contact: 07846 725969 | | |
| This event is run under Audax UK Regulations | | |
| Please ride to your abilities and the conditions | | |
| L=LEFT, R=RIGHT | | |
| T=T-JUNCTION | | |
| SO=STRAIGHT OVER (does not imply right of way) | | |
| Xroads=CROSSROADS | | |
| RBT=ROUNDABOUT | | |
| $=SIGNPOSTED | | |
| TL=TRAFFIC LIGHTS | | |
| imm=IMMEDIATELY | | |
|  |  |  |
| 0.0 | START at the ceross roads in Nantwich and cross the bride on Welsh Row heading in the direction of the Dental Practice | 0.0km |
| 0.3 | L (Queen's Drive) | 0.3km |
| 1.2 | L@T $ Wrenbury | 1.5km |
| 7.2 | L after church $ Marbury & Whitchurch (New Road) | 8.7km |
| 1.9 | L $ Hollyhurst (Hollyhurst Road) | 10.6km |
| 2.1 | L $ Whitchurch (Ossmere Lane) | 12.7km |
| 1.9 | L@T $ Whitchurch | 14.6km |
| 2.8 | SO @ XRoads (Claypit Street) | 17.3km |
| 0.1 | R@T towards church | 17.5km |
| 0.1 | 1st EXIT @ RBT $Parking | 17.6km |
| 0.1 | 1st EXIT @ RBT $ Parking | 17.7km |
| 0.1 | 2nd EXIT @ RBT (Castle Hill) | 17.9km |
| 0.2 | R @ MiniRBT $ Wrexham (Mill St) | 18.0km |
| 0.2 | L@T $ W'Hampton | 18.3km |
| 0.1 | R @ Xroads opposite Bank Hill (Alkington Road) | 18.3km |
| 7.9 | L $ Bostock Hall | 26.2km |
| 0.7 | SO @ XRoads $ Waterloo | 26.9km |
| 0.5 | R $ Waterloo at grass triangle | 27.4km |
| 2.2 | SO @ XRoads no $ | 29.6km |
| 1.8 | L@T $ Wem | 31.4km |
| 1.0 | R@T $ Loppington | 32.4km |
| 0.6 | R@T $ Ellesmere | 33.0km |
| 0.8 | L $ Loppington | 33.8km |
| 5.7 | SO @ Staggered XRoads $ Baschurch B4397 | 39.4km |
| 2.6 | R@T $ Baschurch | 42.0km |
| 2.8 | L @ XRoads $ Shrewsbury (Newtown) | 44.7km |
| 0.4 | **CONTROL: Baschurch Spar** | 45.1km |
| 0.0 | L from the control to continue in original direction | 45.1km |
| 0.6 | R $ Little Ness (Milford Rd) | 45.7km |
| 4.9 | SO @ XRoads with A5 $Wilcott | 50.6km |
| 2.9 | L $ Melverley | 53.5km |
| 4.0 | L@T $ Crew Green | 57.5km |
| 1.7 | R @ XRoads $ Four Crosses | 59.3km |
| 0.6 | L (Cycle Route 81) | 59.9km |
| 2.1 | Bear L | 62.0km |
| 2.8 | SO @ XRoads with A458 (Cycle Route 81) $Winnington | 64.8km |
| 2.2 | L $ Rowley (Cycle Route 81) | 67.0km |
| 2.1 | R@T $ Heldre Hill (Cycle Route 81) | 69.1km |
| 7.0 | SO @ XRoads $ Forden and imm... | 76.1km |
| 0.0 | **CONTROL: Forden Parish Notice Board on LHS then carry straight on $ Forden** | 76.1km |
| 0.2 | **CARE: STEEP DESCENT** | 76.3km |
| 2.4 | L@T no $ | 78.7km |
| 0.5 | L@T at the Cock Hotel $ Chirbury A490 | 79.2km |
| 5.8 | L@T $ Bishops Castle | 85.0km |
| 0.2 | R $ Castle (Arthur Street) | 85.2km |
| 0.3 | Follow road right and then left around Town Hall $Montgomery castle | 85.5km |
| 6.6 | L@T no $ | 92.1km |
| 0.3 | 2nd EXIT @ RBT $ Drenewydd | 92.4km |
| 1.2 | L@T $ Y Drenewydd | 93.6km |
| 3.3 | 1st EXIT @ RBT $ Y Drenewydd | 96.9km |
| 1.4 | SO miniRBT | 98.3km |
| 0.0 | **CONTROL: Newtown, any shop or cafe** | 98.3km |
| 0.6 | SO @ TL $ Llandridnod Wells A483 | 98.9km |
| 0.2 | SO @ TL $ Llandridnod Wells | 99.1km |
| 0.4 | R $ Town Centre (New Church Sreet) | 99.5km |
| 0.5 | Bear Left to cross bridge at The Elephant and Castle | 100.0km |
| 0.1 | 1st EXIT @ RBT $ Aberhafeso (Milford Road) | 100.2km |
| 8.6 | L @ XRoads $ Caersws | 108.8km |
| 1.7 | R @ XRoads $ Dollgellau | 110.5km |
| 0.1 | L $ â€‹Trefeglwys just after petrol station | 110.5km |
| 0.5 | L (Cycle Route 81) | 111.0km |
| 2.5 | L $ Llandinam (Cycle Route 81) | 113.5km |
| 1.7 | R@T (Cycle Route 81) | 115.1km |
| 4.0 | R@T $ Llanidloes (Cycle Route 81) | 119.1km |
| 3.4 | L@T $ Llanidloes B4569 | 122.5km |
| 0.6 | 3rd EXIT @ RBT | 123.2km |
| 0.3 | **CONTROL: Llanidloes, Wooden plaque inside Old Market Hall** | 123.5km |
| 0.0 | Turn around to head back | 123.5km |
| 0.3 | 1st EXIT @ RBT $ Machynlleth | 123.7km |
| 0.1 | L $ Llyn Clywedog (Westgate Street) | 123.8km |
| 13.2 | L $ Dylife (Cycle Route 8) | 137.0km |
| 5.7 | **CARE: FAST DESCENT** | 142.7km |
| 11.8 | L@T into Machynlleth | 154.5km |
| 0.2 | **CONTROL: Machynlleth, any shop or cafe then turn around and head back from where you came. Continue on A489 until...** | 154.7km |
| 2.9 | R no $ (before blue house) | 157.6km |
| 4.2 | L@T no $ | 161.9km |
| 6.8 | **CARE: FAST DESCENT** | 168.7km |
| 4.5 | R@T $ Penffordd-las (Cycle Route 8) | 173.2km |
| 1.8 | L $ Canolfan Awyr Agored | 174.9km |
| 1.5 | L no $ | 176.5km |
| 3.3 | L@T no $ | 179.8km |
| 4.6 | L@T $ Caersws | 184.4km |
| 6.9 | R@T $ Llangurig (Cycle Route 81) | 191.3km |
| 0.1 | L @ XRoads $ Aberhafesp | 191.3km |
| 1.7 | R@ XRoads $ Aberhafesp | 193.0km |
| 8.6 | 3rd EXIT @ RBT $ Canol y dref | 201.6km |
| 0.2 | Left onto High St | 201.8km |
| 0.0 | **CONTROL: Newtown, any shop or cafe** | 201.8km |
| 0.2 | SO @ T keeping Barclays on your L | 202.0km |
| 0.3 | L @ TL $ Welshpool | 202.3km |
| 0.2 | R @ TL $ Craven Arms | 202.5km |
| 1.1 | 2nd EXIT @ RBT $ Ceri | 203.6km |
| 19.8 | L $ Isatyn (The second of the two roads on the Left) | 223.4km |
| 3.5 | L@T $Shrewsbury | 226.8km |
| 1.3 | R $ Nind | 228.1km |
| 5.0 | **CARE: STEEP DESCENT** | 233.1km |
| 0.7 | SO @ XRoads to... | 233.9km |
| 0.0 | **CONTROL: Bog Visitor Centre on LHS then continue in original direction** | 233.9km |
| 7.1 | R@T | 240.9km |
| 1.8 | 2nd EXIT @ RBT $ Shrewsbury A488 | 242.7km |
| 2.3 | 2nd EXIT @ miniRBT | 245.0km |
| 0.8 | L (1st L after co-op) $Hinton | 245.8km |
| 2.3 | R@T $ Lea Cross (Cycle Route 44) | 248.1km |
| 0.8 | L@T $ Nox | 248.8km |
| 2.0 | R@T $ Shrewsbury B4386 | 250.9km |
| 0.1 | L $ Ford | 251.0km |
| 1.7 | L@T $ Ford | 252.7km |
| 1.5 | R @ Xroads $Shrewsbury A458 | 254.2km |
| 0.3 | **CONTROL: Ford, use Shell garage (ATM after 10pm) or Dinkys Dinah is 300m in the opposite direction from the last junction** | 254.5km |
| 1.2 | L $Montford Bridge | 255.7km |
| 1.6 | L@T $ Montford Bridge B4380 | 257.3km |
| 0.6 | R @ XRoads $ Forton | 257.9km |
| 3.2 | R $ Fitz | 261.1km |
| 2.3 | R@T $Shrewsbury | 263.4km |
| 0.4 | L $Bomere Heath | 263.7km |
| 0.9 | L@T $Merrington | 264.6km |
| 0.5 | SO @ miniRBT | 265.2km |
| 0.5 | R @ Xroads (Preston Gubbals Road) | 265.7km |
| 2.2 | L @ XRoads $ Harmer Hill | 267.9km |
| 8.2 | 1st EXIT @ RBT $ Town Centre | 276.0km |
| 0.7 | R@T $ Whitchurch (Wem High St) | 276.7km |
| 0.2 | L $ Wem Business Park (New St) | 276.9km |
| 12.5 | 2nd EXIT @ RBT $ Town Centre | 289.4km |
| 0.7 | L@T $ Town Centre | 290.1km |
| 0.3 | 2nd EXIT @ miniRBT $ Town Centre | 290.4km |
| 0.3 | 2nd EXIT @ RBT $ Police Station | 290.7km |
| 0.3 | 2nd R at TL $Whitchurch Alport FC (Talbot Street) | 291.0km |
| 4.7 | R@T | 295.7km |
| 0.8 | R@T $ Wrenbury | 296.5km |
| 2.1 | R@T $ Pinsley Green ( Wrenbury Road) | 298.6km |
| 1.9 | R@T $ Nantwich | 300.4km |
| 7.2 | R after crossing canal bridge | 307.6km |
| 1.2 | R@T | 308.8km |
| 0.2 | **CONTROL: Arrivee** | 309.1km |